

## NAVODAYA VIDYALAYA SAMITI



**Split-up of Syllabus for Class VII to XII**

**Session: 2024-25**

**SPLIT UP OF SYLLABUS  
CLASS VII**

NAVODAYA VIDYALAYA SAMITI

**CLASS: VII Subject: English**

S. No.	Sections	Marks allotted
1	Section A - Reading	15 Marks
2	Section B - Writing	15 Marks
3	Section C - Grammar	10 Marks
4	Section D - Literature	40 Marks
	<b>Total Marks</b>	<b>80 Marks</b>
	Internal Assessment	20 Marks
	<b>Grand Total</b>	<b>100 Marks</b>

Month	No. of days	No of Periods	Main topics and Sub-topics to be covered	Grammar activities / Composition	Activities/Projects/Practical Experiments to be held/ Specific Assessment Tool(s) (Suggested)
April 2024	21	24	<b>Prose</b> 1. Three Questions  <b>Poetry</b> 1. The Squirrel 2. The Rebel  <b>Supplementary Reader</b> 1. The Tiny Teacher	1. Introduction to number and person of noun 2. Subject-Verb Agreement 3. Simple Paragraphs 4. Reading unseen Passages.	1. Art/Sports/Toy/Story based activities related to the topics/chapters 2. Imagining yourself as the character in the story and narrating. 3. Composing simple poems. Ex: Adding some similar lines to the poem The Rebel) 4. Making Fact files about elephants and ants.
<b>Periodic Written Test- 1/UT1 – From 26 April 2024 to 29 April 2024</b>					
July 2024	26	30	<b>Prose</b> 1. A Gift of Chappals  <b>Poetry</b> 3. The kite <b>Supplementary Reader</b> 2. Bringing up Kari	1. Framing Questions to the given statements. 2. Reported Speech 3. Formal Letters 4. Developing paragraphs with Hints	1. Dramatization/skit 2. Developing Visual input into story (Group Activity) 3. Conducting a survey of the households on the campus (Whether they prefer buying branded/not branded goods, why etc.) 4. Story telling Pedagogy (Bringing Up Kari)

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

Month	No. of days	No of Periods	Main topics and Sub-topics to be covered	Grammar activities / Composition	Activities/Projects/Practical Experiments to be held/ Specific Assessment Tool(s) (Suggested)
August 2024	22	24	<b>Prose</b> 3. Gopal & the Hilsa Fish <b>Poetry</b> 4. The Shed <b>Supplementary Reader</b> 4. Golu Grows a Nose	1. Active and Passive Voice 2. Conditional Clauses-1 3. Informal Letters 4. Re-ordering jumbled words into sentences and jumbled sentences into a paragraph/story	1. Just A Minute - A Moral Talk 2. Narrating a funny personal experience of cooking, learning a new skill etc. 3. Narrating a fictitious story about a haunted house. 4. Composing a Simple Poem on a Haunted House) 5. Story telling+ toy-based pedagogy (Golu Grows a Nose)
			<b>Periodic Written Test 2 /UT2 – From 8 August 2024 to 10 August 2024</b>		
September 2024	17	20	<b>Prose</b> 4. The Ashes That Made Trees Bloom <b>Poem</b> 5. Chivvy <b>Supplementary Reader</b> 6. Chandni	1. Tenses and usages (simple Present and Simple past) 2. Notice Writing 3. Dialogue Writing 4. Phrasal verbs 5. Phonetic sounds and syllables	1. Role play 2. Interviewing friends 3. Reporting School Programs 4. Discussion on term Freedom, Dramatisation, paragraph writing, 5. Rearrange jumbled phrases
			<b>TERM-I EXAM – From 23 September 2024 to 04 October 2024</b>		
OCTOBER 2024	17	20	<b>Prose</b> 5. Quality <b>Poetry</b> 6. Trees	1. Tenses (Continuous tenses and Present perfect) 2. Active and Passive Voice 3. Report Writing 4. Notice Writing	1. Vocabulary building activities. 2. Creative writing 3. Survey about a general topic. 4. Narrating Incidents. 5. What if trees could talk and walk
NOVEMBER 2024	20	24	<b>Supplementary Reader</b> 1. The Bear Story <b>Prose</b> 2. Expert Detectives	Framing different phrases with the same word, finding meanings of those phrases and using in sentences. (eg: tip the boat over, finger tips, tip a waiter etc.) Present Continuous and Past Continuous and contrast of simple present and present continuous tense	1. Adding more lines to the poem ‘Trees’ and composing similar poems 2. Playing the Role of Detective and finding details of a person with a number of questions.
			<b>Periodic Written Test 3/ UT3 – From 12 December 2024 to 14 December 2024</b>		
December 2024	18	20	<b>Poetry</b> 7. Mystery of the Talking Fan <b>Supplementary Reader</b> 8. A Tiger in the House	1. Reporting requests, commands and questions 2. Story Writing 3. Describing visuals 4. Rearranging Jumbled words into sentence. 5. Revision of Grammar and composition	1. Presentation of Conversation between mechanic and fan and similar ones 2. Narrating the experience of visiting to a zoo.

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

Month	No. of days	No of Periods	Main topics and Sub-topics to be covered	Grammar activities / Composition	Activities/Projects/Practical Experiments to be held/ Specific Assessment Tool(s) (Suggested)
January 2025	14	16	<b>Prose</b> 7. The Invention of Vita - Wonk <b>Poetry</b> 8. Dad and the Cat and the Tree 9. Meadow Surprises	1. Modals 2. Combining two sentences into single sentences 3. Word forms with prefixes and suffixes 4. Formal letters: Letters of Complaints	1. Recipe writing dialogue completion 2. Speaking on observations of nature 3. Composing simple poems on the theme of nature 4. Speeches on fire safety and other disasters management.
<b>Periodic Written Test 4/ UT4 – From 06 February 2025 to 08 February 2025</b>					
February 2025	21	24	<b>Prose</b> 10.A <u>Homage to our Brave Soldiers</u> <b>Poetry</b> 10. Garden Snake <b>Supplementary Reader</b> 10. An Alien Hand	1. Present Perfect and Past Perfect and Present Perfect Continuous tense. 2. Conditional Clauses-II 3. Adverbs 4. Word Puzzles	1. Paragraph writing on the army's work during peace time 2. Listening to Motivational Talks 3. Collecting information on Mars Missions and other space missions like Mangalyaan, Chandra Yaan 2 etc. and presenting in the class 4. Presenting various facts about Celestial bodies 5. preparation of a clause of kargil war (operation Vijay)
March 2025	17	20	<b>Revision for Term-II Exam</b>		
<b>TERM- II EXAM - From 17 March 2025 to 28 March 2025</b>					

Deleted Contents : (1) Fire : Friend and Foe (2) A bicycle in good repair (3) The story of cricket (4) The desert (5) The cop and the Anthem  
 6) I want something in a cage

**NOTE:**

- Relevant unit from work book may be taken up.
- Internal Assessment as per guidelines given by CBSE/NCERT may be done
- Any changes in the syllabus, if announced by CBSE/NCERT during the academic year 2024-25 has to be incorporated in the split up syllabus by the concerned teacher and principal accordingly.
- Classroom transactions may be corresponding to NEP-2020.

नवोदय विद्यालय समिति

कक्षा : सातवीं

विषय : हिंदी (पाठ्यक्रम- अ)

क्रम सं.	अध्याय/ इकाई का नाम	उप भारांक	भारांक
01	अपठित गद्यांश /अपठित पद्यांश	1 x 5 = 5	10
02	व्याकरण - पाठ्यपुस्तक से पाठ्यक्रमानुसार	1 X 20 = 20	20
03	वसंत भाग-गद्य खंड 2 पुस्तक गद्यांश आधारित प्रश्न पुस्तक आधारित प्रश्न वसंत भाग-पद्य खंड 2 पुस्तक पद्यांश आधारित प्रश्न पुस्तक आधारित प्रश्न	1X5=5 2X5=10 1X5=5 2X5=10	30
04	वाल महाभारत गद्यांश आधारित वस्तुनिष्ठ प्रश्न पुस्तक आधारित वस्तुनिष्ठ प्रश्न पुस्तक आधारित लघु प्रश्न	1X5=5 1X3=3 2X2=4	12
05	रचनात्मक लेखन पत्रलेखन- अनुच्छेद लेखन	4X4 = 1 4X4 = 1	08
कुल अंक			80
आंतरिक मूल्यांकन			20
सामयिक आकलन		5	
बहुविध आकलन		5	
पोर्टफोलियो		5	
विषय समृद्धि क्रियाकलाप		5	
कुलयोग			100

आवधिक परीक्षा 1-	आवधिक परीक्षा 2 -	अर्द्धवार्षिक परीक्षा	आवधिक परीक्षा 3 -	आवधिक परीक्षा 4	वार्षिक परीक्षा
40	40	80	40	40	80

कक्षा : सातवीं विषय : हिंदी (पाठ्यक्रम-अ)

माह	कार्य दिवस	कालांश	विषयवस्तु /उपविषय	विषय संवर्धन क्रियाकलाप/ विषय विशिष्ट मूल्यांकन साधन
अप्रैल 2024	24	30	<p>वसंत भाग- 2</p> <p>हम पंछी उन्मुक्त गगन के बाल-महाभारत-</p> <p>महाभारत कथा</p> <p>देवव्रत</p> <p>भीष्म प्रतिज्ञा</p> <p>अंबा और भीष्म</p> <p>व्याकरण - संज्ञा और सर्वनाम</p> <p>अपठित गद्यांश</p> <p>अपठित पद्यांश,</p>	<p>कविता संगीत आयोजन</p> <p>महाभारत लघु नाटिका</p> <p>वर्तमान पर्यावरण पक्षियों के लिए घातक है- विषय पर कक्षा में परिचर्चा</p>
<b>आवधिक परीक्षा-1 (26 से 29 अप्रैल 2024)</b>				
जुलाई 2024	26	32	<p>वसंत भाग-2</p> <p>हिमालय की बेटियां</p> <p>फूले कदम्ब - केवल पढ़ने के लिए कठपुतली</p> <p>बाल महाभारत-</p> <p>विदुर</p> <p>कुंती</p> <p>भीमकर्ण,</p> <p>द्रोणाचार्य</p> <p>व्याकरण- पर्यायवाची शब्द</p> <p>तत्सम-तद्भव शब्द</p>	<p>'कठपुतली' विषय पर परियोजना कार्य</p> <p>महाभारत लघु नाटिका</p>
अगस्त 2024	25	31	<p>वसंत भाग - 2</p> <p>मिठाई वाला</p> <p>फेरीवालों की आवाज (केवलपढ़ने के लिए)</p> <p>पापा खो गए,</p> <p>बाल लाख -महाभारत घर,</p> <p>पांडवों की रक्षा,</p> <p>द्रोपदी स्वयंवर</p> <p>इंद्रप्रस्थ, जरासंध</p> <p>शकुनि का प्रवेश,</p> <p>व्याकरण- क्रिया और काल</p>	<p>मिठाईवाला अभिनय आधारित समायोजन</p> <p>पापा खो गए - नाटिका मंचन</p>

माह	कार्य दिवस	कालांश	विषयवस्तु/उपविषय	विषय संवर्धन क्रियाकलाप/ विषय विशिष्ट मूल्यांकन साधन
			विशेषण	
<b>आवधिक परीक्षा-2 (08 से 10 अगस्त 2024)</b>				
सितंबर 2024	17	20	वसंत भाग -2 शाम एक किसान अपूर्व अनुभव बाल महाभारत- चौसर का खेल व द्रोपदी की व्यथा, धृतराष्ट्र की चिंता, भीम और हनुमान द्वेष करने वालों का जी नहीं भरता, मायावी सरोवर व्याकरण वाक्यांश के लिए एक शब्द - मुहावरे और लोकोक्तियां अनुच्छेद लेखन	मानवीय जीवन मूल्य आधारित नाटिका का आयोजन  महाभारत के पात्रों पर आधारित संवाद लेखन
<b>अर्धवार्षिक परीक्षा 23 सितम्बर से 04 अक्टूबर 2024)</b>				
अक्टूबर 2024	21	24	बसंत भाग- 2 रहीम के दोहे, बाल महाभारत- यक्ष प्रश्न अज्ञातवास प्रतिज्ञापूर्ति विराट का भ्रम मंत्रणा व्याकरण- उपसर्ग, प्रत्यय	पारंपरिक एवं आधुनिक खेलों की सूची बनाना
नवंबर 2024	20	23	वसंत भाग- 2 एक तिनका खान पान-की बदलती तस्वीर, बाल-महाभारत – मंत्रणा राजदूत संजय शांतिदूत श्रीकृष्ण पांडवों और कौरवों के सेनापति पहले से नवें दिन तक का युद्ध व्याकरण- वर्तनी वाक्य अर्थ के आधार पर भेद	कविता-संगीत समायोजन महाभारतलघु नाटिका परियोजना कार्य खानपान परिवर्तन की सूची बनाना



माह	कार्य दिवस	कालांश	विषयवस्तु/उपविषय	विषय संवर्धन क्रियाकलाप/ विषय विशिष्ट मूल्यांकन साधन
दिसंबर 2024	20	23	वसंत भाग-2 नीलकंठ, भोर और बरखा बाल-महाभारत- भीष्म शरशैया पर चिंता और कामना व्याकरण- वाक्यशुद्धि-, पत्र लेखन [ पुनरावृत्ति]	अपने जीवन से संबंधित संस्मरण लिखना महाभारत लघु नाटिका
<b>आवधिक परीक्षा-3 (12 से 14 दिसम्बर 2024)</b>				
जनवरी 2025	14	16	वसंत भाग- 2 वीर कुंवर सिंह संघर्ष के कारण मैं तुनक मिजाज हो गया हमारी ख्वाइश केवल पढ़ने के ) (लिए बाल -महाभारत- भूरिश्रवा जयद्रथ एवं द्रोण का अंत कर्ण और दुर्योधन भी मारे गए अश्वत्थामा युधिष्ठिर की बेदना व्याकरण- विराम-चिह्न	देशभक्तों की सूचीबनाना खेल आधारित शिक्षण
फरवरी 2025	24	26	वसंत भाग- 2 आश्रम का अनुमानित व्यय बाल महाभारत - पांडवों का धृतराष्ट्र के प्रति व्यवहार श्रीकृष्ण और युधिष्ठिर अनुच्छेद- लेखन	विद्यार्थियों द्वारा अपने घर का बजट बनवाना
<b>आवधिक परीक्षा-4 (06 से 08 फरवरी 2025)</b>				
मार्च 2025			सम्पूर्ण पाठ्यक्रम पुनरावृत्ति	
<b>वार्षिक परीक्षा (17-28 मार्च 2025)</b>				

नवोदय विद्यालय समिति  
कक्षा : सातवीं विषय : हिंदी पाठ्यक्रम -ब

क्रमसंख्या	अध्याय/इकाईकानाम	उपभारांक	भारांक
01	(अ) अपठित गद्यांश (आ) अपठित पद्यांश	5x1=5 5x1=5	10
02	व्याकरण – पाठ्य पुस्तक से पाठ्यक्रमानुसार	20x1=20	20
03	दूर्वा भाग -2 (अ) पठित गद्यांश पर आधारित (आ) पठित पद्यांश पर आधारित पाठ्य पुस्तक पर आधारित प्रश्न - बहुविकल्पीय प्रश्न- लघु उत्तरीय प्रश्न – (अ) गद्य खंड - (आ) पद्य खंड -	1+1+1+1+1=5 1+1+1+1+1=5 8x1=8 6X2=12 6X2=12	10 08 24
04	रचनात्मक लेखन – (अ)पत्र लेखन (आ)अनुच्छेद लेखन	1x4=4 1x4=4	08
	कुल अंक	80	80
	आंतरिक मूल्यांकन	20	
	समेकित योग	100	

PWT-1	PWT-2	TERM-1	INT.ASS.	TOTAL	PWT-3	PWT-4	TERM-2	INT.ASS.	TOTAL
40	40	80	20	100	40	40	80	20	100

माह	दिनों की संख्या	कालांशों की संख्या	पाठकानाम / निर्धारित विषयवस्तु	क्रियाकलाप / परियोजनाकार्य/ परीक्षा
अप्रैल 2024	24	30	<b>दूर्वा भाग -2</b> 1-चिड़िया और चुरंगुन (हरिवंशराय बच्चन) 2- सबसे सुंदर लड़की (विष्णु प्रभाकर) 3- मैं हूँ रोबोट (राजीव गर्ग) <b>व्याकरण</b> – वर्ण ,शब्द ,संज्ञा एवं संज्ञा के भेद	क्रियाकलाप / परियोजना कार्य का विवरण अग्रांकित है।
<b>आवधिक परीक्षा-1 (26 से 29 अप्रैल 2024)</b>				
जुलाई 2024	26	32	<b>दूर्वा भाग -2</b> 4 - गुब्बारे पर चीता (प्रेमचंद) 5 - थोड़ी धरती पाऊँ(सर्वेश्वरदयाल सक्सेना) <b>व्याकरण</b> – सर्वनाम एवं उसके छः भेद, कर्म के आधार पर क्रिया के भेद, पर्यायवाची शब्द ,मुहावरे, युग्म शब्द (पाठ संबंधी), पत्र लेखन,अपठित गद्यांश	क्रियाकलाप / परियोजना कार्य का विवरण अग्रांकित है।
अगस्त 2024	25	31	<b>दूर्वा भाग -2</b> 6 - गारो (लोककथा) 7 - पुस्तकें जो अमर हैं( मनोज दास) 8- काबुलीवाला (रवीन्द्रनाथ टैगोर) <b>व्याकरण</b> – वचन,प्रत्यय,द्वित्व क्रिया, विलोम शब्द,समानार्थी शब्द,विराम चिह्न, अनुच्छेद लेखन,अपठित पद्यांश	क्रियाकलाप / परियोजना कार्य का विवरण अग्रांकित है।
<b>आवधिक परीक्षा-2 (8 से 10 अगस्त 2024)</b>				
सितंबर 2024	17	20	<b>दूर्वा भाग -2</b> 9- विश्वेश्वरैया (आर . के . मूर्ति) <b>व्याकरण</b> -वाक्य रचना ,वाक्य विश्लेषण (उद्देश्य,विधेय),विशेषण,विशेषण बनाना, लिंग, लिंग परिवर्तन, वार्तालाप लेखन <b>पूर्व पठित पाठ्यक्रम का पुनरावर्तन</b>	क्रियाकलाप / परियोजना कार्य का विवरण अग्रांकित है।

माह	दिनों की संख्या	कालांशों की संख्या	पाठकानाम / निर्धारित विषयवस्तु	क्रियाकलाप / परियोजनाकार्य/ परीक्षा
<b>अर्द्धवार्षिक परीक्षा (23 सितम्बर से 04 अक्टूबर 2024)</b>				
अक्टूबर 2024	21	24	<b>दूर्वा भाग -2</b> 10- हम धरती के लाल (शील) <b>व्याकरण</b> - मुहावरे लेखन अर्थ सहित, विशेषण, वाक्य रचना एवं प्रयोग	क्रियाकलाप / परियोजनाकार्यकाविवरण अग्रांकित है।
नवंबर 2024	20	23	<b>दूर्वा भाग -2</b> 11- पोंगल (संकलित) <b>व्याकरण</b> (द्वित्व शब्द), वाक्य परिवर्तन(अर्थ की दृष्टि से), पुनरावृत्ति	क्रियाकलाप / परियोजनाकार्यकाविवरण अग्रांकित है।
दिसंबर 2024	20	23	<b>दूर्वा भाग -2</b> 12- शहीद झलकारीबाई (संकलित) 13- नृत्यांगना सुधा चंद्रन (रामाना तिवारी) <b>व्याकरण</b> - युग्म शब्द, ध्वन्यात्मक शब्द, मुहावरे लेखन, विलोम शब्द, औपचारिक पत्र	क्रियाकलाप / परियोजनाकार्यकाविवरण अग्रांकित है।
<b>आवधिक परीक्षा-3 (12 से 14 दिसम्बर 2024)</b>				
जनवरी 2025	14	16	<b>दूर्वा भाग -2</b> 14- पानी और धूप (सुभद्रा कुमारी चौहान) 15- गीत (केदारनाथ अग्रवाल) <b>व्याकरण</b> - उपसर्ग, प्रत्यय का प्रयोग, शब्द संपदा, शब्दों का वाक्यों में प्रयोग	क्रियाकलाप / परियोजना कार्य का विवरण अग्रांकित है।

माह	दिनों की संख्या	कालांशों की संख्या	पाठकानाम / निर्धारित विषयवस्तु	क्रियाकलाप / परियोजनाकार्य/ परीक्षा
फरवरी 2025	24	26	<b>दूर्वा भाग -2</b> 16- मिट्टी की मूर्तियाँ (निबंध -अतिरिक्त पठन हेतु -जया विवेक) 17- मौत का पहाड़ (चित्रकथा) 18- हम होंगे कामयाब एक दिन (गीत -अतिरिक्त पठन हेतु -गिरिजा कुमार माथुर) <b>व्याकरण</b> -विराम चिह्न ,प्रश्नार्थक सर्वनामों का प्रयोग , अनुच्छेद लेखन, पत्र लेखन	क्रियाकलाप / परियोजना कार्य का विवरण अद्यांकित है।
<b>आवधिक परीक्षा-4 (06 से 08 फरवरी 2025)</b>				
मार्च 2025			<b>पूर्व पठित पाठ्यक्रम का पुनरावर्तन</b> <b>वार्षिक परीक्षा (17-28 मार्च 2025)</b>	

नोट – कला / कहानी / खेल / खिलौना समेकित शिक्षण शास्त्र का यथासंभव शिक्षण में प्रयोग करें।

**विषय संवर्धक क्रियाकलाप/ Subject Enrichment Activities**

माह	पाठकानाम	क्रियाकलाप / परियोजनाकार्य	आंतरिकमूल्यांकन
अप्रैल 2024	1-चिड़िया और चुरंगुन (हरिवंशराय बच्यन) 2- सबसे सुंदर लडकी (विष्णु प्रभाकर) 3- मैं हूँ रोबोट (राजीव गर्ग)	1- अपने आस-पास दिखाई देने वाले पशु-पक्षियों के बारे में जानकारी एकत्रित करें । 2-आपके हिसाब से अमीरी और गरीबी के अंतर को कैसे दूर किया जा सकता है ? इसके उपायों की सूची बनाइए 3-रोबोट कई आकार - प्रकार के होते हैं ,पत्रिकाओं और समाचार-पत्रों से उनके चित्र और मनपसंद लेखों को एकत्रित करके उनकी सूची बनाइए।	1 बहुविकल्पीय प्रश्न -10 2 पोर्टफोलियो -10 3 श्रवण / वाचन -10

माह	पाठकानाम	क्रियाकलाप / परियोजनाकार्य	आंतरिकमूल्यांकन
जुलाई 2024	4-गुब्बारे पर चीता (प्रेमचंद) 5 - थोड़ी धरती पाऊँ (सर्वेश्वरदयाल सक्सेना)	1-सड़क सुरक्षा ,प्रदूषण और शिक्षा के बारे में विज्ञापन बनाकर अपने मित्रों के साथ मिलकर उस पर चर्चा करें। 2-आपके घर के पास कौन-कौन से पेड़-पौधे, पशु-पक्षी आमतौर पर नजर आते हैं? उनके नामों की सूची बनाइए।	1 बहुविकल्पीय प्रश्न -10 2 पोर्टफोलियो -10 3 श्रवण / वाचन -10 आवधिक परीक्षा-1
अगस्त 2024	6 - गारो (लोककथा) 7 - पुस्तकें जो अमर हैं( मनोज दास) 8- काबुलीवाला (रवीन्द्रनाथ टैगोर)	1 -अपने प्रदेश या किसी राज्य की किसी जनजाति के बारे में पता करके उस पर कक्षा में चर्चा करें। 2-अपनी पाठ्य पुस्तकों के अतिरिक्त आप ने कौन-कौन सी पुस्तकें पढ़ी हैं? उसकी सूची बनाइए। 3 -किन-किन साधनों से देश -विदेश के बारे में जानकारी प्राप्त की जा सकती है ? उसकी सूची बनाइए ।	1 बहुविकल्पीय प्रश्न -10 2 पोर्टफोलियो -10 3 श्रवण / वाचन -10 आवधिक परीक्षा-2
सितंबर 2024	9- विश्वेश्वरैया (आर . के . मूर्ति)	1 -सर्दी -गरमी के मौसम में आपके घर के आस -पास क्या-क्या दिखाई देता है ? उसके बारे में लिखिए।	1 बहुविकल्पीय प्रश्न -10 2 पोर्टफोलियो -10 3 श्रवण / वाचन -10
अक्टूबर 2024	10- हम धरती के लाल (शील)	1-इस तरह की एक और कविता खोजकर पढ़िए और उसे लिखिए ।	1 बहुविकल्पीय प्रश्न -10
नवंबर 2024	11- पोंगल (संकलित)	2-रंगोली बनाने के लिए किन -किन चीजों का प्रयोग किया जाता है ? उसकी सूची बनाइए ।	1 पोर्टफोलियो -10 2 श्रवण / वाचन -10

माह	पाठकानाम	क्रियाकलाप / परियोजनाकार्य	आंतरिकमूल्यांकन
दिसंबर 2024	12- शहीद झलकारीबाई (संकलित) 13- नृत्यांगना सुधा चंद्रन (रामाजा तिवारी)	1. आजादी की लड़ाई में हिस्सा लेने वाली कुछ महिलाओं के बारे में जानकारी एकत्रित करके लिखिए। 2 -भारत के कुछ नृत्यों और नर्तक / नर्तकियों के बारे में पता करके कक्षा में चर्चा करें।	1 बहुविकल्पीय प्रश्न -10 2 पोर्टफोलियो -10 3 श्रवण / वाचन -10 आवधिक परीक्षा-3
जनवरी 2025	14- पानी और धूप (सुभद्रा कुमारी चौहान) 15- गीत (केदारनाथ अग्रवाल)	1 -उन देशभक्तों के नाम पता करके लिखिए जो बचपन से ही आजादी की लड़ाई में कूद पड़े थे। 2 -आपको लगता है कि आज भी किसी को मान -सम्मान नहीं मिल पा रहा है और आप उसको मान -सम्मान दिलाना चाहते हैं तो उनके नामों की सूची बनाइए।	1 बहुविकल्पीय प्रश्न -10 2 पोर्टफोलियो -10 3 श्रवण / वाचन -10
फरवरी 2025	16- मिट्टी की मूर्तियाँ (निबंध - अतिरिक्त पठन हेतु -जया विवेक) 17- मौत का पहाड़ (चित्रकथा) 18- हम होंगे कामयाब एक दिन (गीत -अतिरिक्त पठन हेतु -गिरिजा कुमार माथुर)	1-मिट्टी से स्वयं किसी वस्तु / खिलौने का निर्माण करें। 2-इस तरह की अन्य कहानियों को खोजकर पढ़िए। 3-इस गीत का कक्षा में सस्वर गायन करें।	1 बहुविकल्पीय प्रश्न -10 2 पोर्टफोलियो -10 3 श्रवण / वाचन -10 आवधिक परीक्षा-4
मार्च 2025	पुनरावृत्ति वार्षिक परीक्षा (17-28 मार्च 2025)		

### विषय समेकित गतिविधि/ विषय परिपोषक गतिविधि

कक्षा- सात दूर्वा (भाग-2)

• चिड़िया और चुरुंगुन-

इस पाठ को कलासमेकित गतिविधि के द्वारा प्रस्तुत कर सकते हैं। कक्षा में 2 छात्रों के द्वारा रंगमंच के माध्यम से नुक्कड़नाटक के माध्यम से किसी एक छात्र या छात्रा को चिड़िया और दूसरे छात्र या छात्रा को चुरुंगुन का अभिनय, कविता अनुसार करवा सकते हैं। शेष शिक्षक अपने स्वविवेक का प्रयोग कर सकते हैं।

- **सबसे सुंदर लड़की-**

इस पाठ को **खेल समेकित गतिविधि** के द्वारा प्रस्तुत किया जा सकता है। कक्षा में दो समूह बनाए और कोई भी दो नाम ले सकते हैं, शिक्षक बॉक्स को अपने पास रखेगा और एक प्रश्न श्यामपट्ट पर लिखेगा “सुंदरता हम कैसे जान सकते हैं”। दोनों समूह को अपने समूह के नाम और एक वाक्य के उत्तर को कागज के चिट पर लिखकर बॉक्स में डालने के लिए कहें साथ ही शिक्षक समय भी निर्धारित करें जिससे दोनों समूहों में प्रति स्पर्धा हो, इस प्रकार छात्रों द्वारा दूर रखे बॉक्स में डालने के बाद, शिक्षक समूह के अनुसार चिट को अलग – अलग करेंगे, एक-एक चिट को पढ़ेंगे और सुंदरता पर प्रत्येक चिट की सोंच को जानेंगे और छात्रों को भी बताएंगे।

- **मैं हूँ रोबोट-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसमें **नुक्कड़ नाटक** के माध्यम से कक्षा के एक छात्र को रोबोट की वेशभूषा में तैयार करके, रोबोट की समस्त विशेषताओं और कमियों को समझाया जा सकता है।

- **गुब्बारे पर चीता-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसमें शेर, चीता, हाथी आदि के पेंसिल स्केच रंगीन चित्र बनाए जा सकते हैं। इस प्रकार छात्रों को पाठ से जोड़ा जा सकता है।

- **थोड़ी धरती पाऊँ**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसे नुक्कड़ नाटक के माध्यम से प्रस्तुत कर सकते हैं। इसमें मुख्य भूमिका पेड़ों की होगी, जिसमें किसी छात्र द्वारा अभिनय करवाया जा सकता है। अन्य अभिनय आवश्यकतानुसार भी करवा सकते हैं।

- **गारो-**

इस पाठ को **खेल समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। इस गतिविधि के लिए छात्रों को बाहर खुले मैदान में जाएं तथा कक्षा के किसी एक छात्र की आंख पर पट्टी बांधें फिर उसके हाथों में मिट्टी या कोई अन्य वस्तु रख दें और एक चिट द्वारा उसे मैदान में चारों तरफ दायें- बाएं घुमाते हुए किसी निर्धारित स्थान पर उस वस्तु को रखवा दें, फिर उसे दूर तक घुम्ना शुरू हुए ले जाएं और उसके आंख की पट्टी को खोल दें और उसे उस वस्तु को ढूँढने के लिए कहें, कक्षा के सभी छात्र उसके पीछे चलें लेकिन कोई उसे वस्तु के स्थान को ना बताएं, इस प्रकार गारो पाठ के साथ हम खेल के माध्यम से जुड़ सकते हैं जो अनजान स्थान की खोज करते हैं।

- **पुस्तकें जो अमर हैं-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसमें **रंग मंच या नुक्कड़ नाटक** में छात्रों द्वारा अभिनय के माध्यम से बच्चों को एक राजा और उसके मंत्री के अत्याचार और विद्वानों की बुद्धिमत्ता को समझाया जा सकता है।

- **काबुलीवाला-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसमें नुक्कड़ नाटक के माध्यम से पाठ को छात्रों सामने छात्रों के द्वारा अलग-अलग अभिनय के द्वारा प्रस्तुत किया जा सकता है।

- **विश्वेश्वरैया-**

इस पाठ को **खेल समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। खेल के माध्यम से छात्रों में जिज्ञासा उत्पन्न की जा सके जैसे- शिक्षक एक बॉक्स कक्षा में ले जाएं और उस बॉक्स में छोटी-छोटी माचिस की डिबिया रखें, माचिस की अलग-अलग



डिबिया में कंकड़, मिट्टी, चूना, चॉक, घास, कॉटन, कागज़ आदि कुछ भी वस्तुओं को भर कर रख सकते हैं और छात्रों को ते उस डिबिया को तब तक खोलने के लिए मना करें, जब तक कि छात्र एक निर्धारित स्थान से दौड़ कर वापस नहीं आ जा प्रत्येक छात्र अपनी-अपनी डिबिया को अकेले में खोलकर देखें और अपनी वस्तुओं के प्रथम अक्षर को बोले तथा सभी छात्र ए दूसरे की वस्तुओं के प्रथम अक्षर के आधार पर उसका नाम बताएं। जैसे-जैसे सही नाम किसी छात्र द्वारा बताया जाता है उसे अलग बैठा दिया जाए। इस प्रकार पाठ को जिज्ञासा के आधार पर जोड़ कर पढ़ाया जा सकता है।

- **हम धरती के लाल-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। इस पाठ को एक नुक्कड़ नाटक के माध्यम से कक्षा सभी अभिनय करने वाले छात्र, कविता वाचन के साथ भी कर सकते हैं, जो अलग-अलग वेशभूषा जैसे-हिंदू, मुस्लिम, सि ,इसाई आदि के रूप में होंगे।

- **पोंगल-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। इसमें चित्रकारी ,रंगोली बनाकर अलग-अलग राउ में मनाए जाने वाले इस त्यौहार को एकीकृत कर सकते हैं और छात्रों का बिहू, पोंगल, लोहड़ी, मकर संक्रांति आदि नामों समूह बनाये। उन्हें अपनी-अपनी विशेषताओं को प्रदर्शित करने के लिए प्रेरित करें और इस त्यौहार के माध्यम से “अनेकता एकता” का भी छात्रों में संदेश दे सकते हैं।

- **शहीद झलकारीबाई-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसमें कक्षा के दो ऐसे छात्र या छात्राओं को र जिनकी शारीरिक बनावट एक जैसी हो,उनमें शारीरिक समानता अधिक हो।अब उनके चेहरे को छिपाने के लिए किसी काग के मास्क का प्रयोग करें या किसी जानवर के चेहरे वाले मास्क को पहनाएं और उनके कपड़े को एक जैसे पहनाएं ,इन छ छात्राओं को अन्य छात्रों से अलग तैयार होने के लिए कहे। तैयार होने के बाद उन्हें कक्षा में सभी छात्रों के समक्ष प्रस्तुत त तथा कक्षा के छात्रों से उन्हें पहचानने के लिए कहें। इस प्रकार इसे रानी लक्ष्मीबाई और झलकारीबाई की समानता से उ सकते हैं।

- **नृत्यांगना सुधा चंद्रन-**

इस पाठ को **कहानी वाचन समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसमें उत्साह वर्धक कहानी, कविता माध्यम से पाठ को आरंभ कर सकते हैं या किसी और संघर्षपूर्ण कहानी के माध्यम से पाठ को आरम्भ कर सकते हैं।

- **पानी और धूप-**

इस पाठ को **कहानी वाचन समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। कक्षा में किसी साहस पूर्ण कहानी सुनाकर पाठ की कविता को उससे जोड़ सकते हैं, जिसमें एक छोटी लड़की अपने परिवार की रक्षा करने के लिए साहसपूर्ण ब करती हैं।

- **गीत-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। इसमें नुक्कड़ नाटक के माध्यम से कविता वाचन साथ-साथ शारीरिक हाव-भाव का भी प्रदर्शन कराया जा सकता है। शारीरिक हावभाव के द्वारा कविता की भावना से जुड़ छात्रों के मन मस्तिष्क तक पहुंचा जा सकता है।

- **मिट्टी की मूर्तियाँ-**

इस पाठ को **खिलौना समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। जिसमें कक्षा के सभी छात्रों को मिट्टी के खिल ,मूर्तियाँ आदि बनाने के लिए दे सकते हैं। छात्र इस प्रकार पाठ से जुड़ भी जाएंगे और मिट्टी से मूर्तियाँ कैसे बनती है, यह सी भी पाएंगे।

- **मौत का पहाड़-**

इस पाठ को **कला समेकित गतिविधि** द्वारा प्रस्तुत किया जा सकता है। शिक्षक किसी कहानी की अलग-अलग फोटो को क के बोर्ड या श्यामपट्ट पर लगा दें, फिर सभी छात्रों से उस फोटो को देखकर कहानी लिखने या सुनाने के लिए कह सकते हैं।

- **हम होंगे कामयाब एक दिन-**

इस पाठ को अतिरिक्त संगीत गतिविधियों द्वारा प्रस्तुत किया जा सकता है। जिसमें कक्षा के समस्त छात्र एक साथ ग गायन कर सकते हैं, इसमें शिक्षक गीत के अनुसार शारीरिक हाव-भाव भी प्रस्तुत करवा सकते हैं। जिससे छात्र कविता भावना के साथ जुड़ सकते हैं।

**NAVODAYA VIDYALAYA SAMITI**

**CLASS: VII**

**SUBJECT: MATHEMATICS**

Chapter No.	Name of The Chapter	Marks	Periods
<b>TERM-I</b>			
01	INTEGER	10	10
02	FRACTIONS AND DECIMALS	14	12
05	LINE AND ANGLES	12	15
03	DATA HANDLING	12	11
12	ALGEBRAIC EXPRESSIONS	12	12
04	SIMPLE EQUATIONS	12	10
15	VISUALISING SOLID SHAPES	08	10
	TOTAL	80	80
	Convert into 50	50	
	Internal Assessment	50	
	TERM-I Total	100	
	TERM-I (WEIGHTAGE)	40%	
<b>TERM-II</b>			
09	RATIONAL NUMBERS	10	15
11	PERIMETER AND AREA	10	15
06	THE TRIANGLES AND ITS PROPERTIES	15	15
14	SYMMETRY	10	07
08	COMPARING QUANTITIES	09	15
13	EXPONENTS AND POWERS	10	08
TERM-I 20%	TERM I SYLLABUS	16	20% syllabus of First term
	TOTAL	80	75
	Convert into 50	50	
	Internal Assessment	50	
	Term-II Total	100	

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

TERM-II(WEIGHTAGE)	60%
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MONTH	NO. OF DAYS	NO. OF PERIODS	Weightage of Marks for the Unit / Chapter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects to be given	
APRIL-2024	22	10 12	10 14	<p><b>Chapter-<u>INTEGERS</u>:</b></p> <ul style="list-style-type: none"> <li>• Properties of Addition and Subtractions of Integers</li> <li>• Multiplication and Division of Integers</li> <li>• Properties of Multiplication of Integers</li> <li>• Properties of Division of Integers</li> <li>• Word Problems</li> </ul> <p><b>Chapter-<u>FRACTION AND DECIMALS</u>:</b></p> <ol style="list-style-type: none"> <li>1) Diagrammatic Representation of Fraction.</li> <li>2) Simplest and Equivalent Form of Fractions.</li> <li>3) Basic Operations on Fractions and Decimals.</li> <li>4) Word Problems.</li> </ol>	<p><b><u>Subject Enrichment</u></b>  <b><u>Activity-1:</u></b>                      Addition and Subtraction of Integers by Game.  <b><u>Activity-2:</u></b>                      To find the sum of fractions with different denominators  <b><u>Maintain Portfolio Multiple Assessment:</u></b>                      Quiz / Puzzle / Exit cards / Oral test / Origami / PPT / Project.</p>	<b>PWT-1 (26-29 APRIL 2024)</b>
JULY 2024	26	15 11	12 12	<p><b>Chapter-<u>LINES AND ANGLES</u>:</b></p> <ul style="list-style-type: none"> <li>• Recall, Curves, Shapes, Point, Line-segment, Line</li> <li>• Distinct types of Angles</li> <li>• Pair of Angles</li> <li>• Properties of Parallel Lines and related problem.</li> <li>• Transversal and related Angles and its problems</li> </ul> <p><b>Chapter-<u>DATA HANDLING</u>:</b></p> <ul style="list-style-type: none"> <li>• Frequency distribution table using Tally Marks</li> <li>• Mean, Range, Medians and Mode of Ungrouped Data</li> <li>• Constructing Bar Graph</li> </ul>	<p><b><u>Subject Enrichment</u></b>  <b><u>Activity-3:</u></b>  <ul style="list-style-type: none"> <li>• To verify that vertically opposite angles are equal.</li> <li>• Model of parallel lines and transversal.</li> </ul> <b><u>Subject Enrichment Activity-4:</u></b>                      To collect data and represent this through a bar graph.  <b><u>Maintain Portfolio Multiple Assessment</u></b>                      Quiz / Puzzle / Exit cards / Oral test / Origami / PPT / Project/</p>	

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAYS	NO. OF PERIODS	Weightage of Marks for the Unit / Chapter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects to be given	
AUG 2024	22	12  10	12  12	<p><b>Chapter-<u>ALGEBRAIC EXPRESSIONS</u>:</b></p> <ul style="list-style-type: none"> <li>Recall of term, Variables, Coefficients, Factors of a Term</li> <li>General Algebraic Expressions Involving One or Two Variables</li> <li>Like and Unlike Terms</li> <li>Classification of Monomials, Binomials, Trinomials and Polynomials</li> <li>Finding the Value of an Algebraic Expressions</li> </ul> <p><b>Chapter-<u>SIMPLE EQUATIONS</u>:</b></p> <ul style="list-style-type: none"> <li>Recall Solutions of Equations</li> <li>Formation of Equations</li> <li>Solving simple Equations</li> <li>Application of Simple Equations to Practical Situations</li> </ul>	<p><b><u>Activity-5:</u></b></p> <p>To add two algebraic expression using different strips of cardboard.</p> <p><b><u>Maintain Portfolio:</u></b></p> <p><b><u>Multiple Assessment:</u></b> Quiz / Puzzle / Exit cards / Oral test / Origami / PPT / Project</p>	<b><u>PWT-2(08 TO 10 AUGUST 2024)</u></b>
SEPT 2024	16	10  06	<p><b>Chapter-<u>VISUALISING SOLID SHAPES</u>:</b></p> <ul style="list-style-type: none"> <li>Plane Figures and Solid Shapes</li> <li>Nets for Building 3-D Shapes</li> <li>Drawing Solid on a Flat Surface (Oblique and Isometric Sketches)</li> <li>Visualizing Solid Objects</li> <li>Viewing Different Sections of a Solid (front view, side view, top view)</li> </ul> <p><b>Revision</b></p>	<p>Making toys by using different 3-D shapes.</p> <p><b><u>Maintain Portfolio:</u></b></p> <p><b><u>Multiple Assessment:</u></b> Quiz / Puzzle / Exit cards / Oral test / Origami / PPT / Project</p>		
<b>Term - I Examination (23.09.24 to 4.10.23)</b>						

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAYS	NO. OF PERIODS	Weightage of Marks for the Unit / Chapter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects to be given
OCT 2024	18	15	10	<p><b>Chapter-<u>RATIONALNUMBERS</u>:</b></p> <ul style="list-style-type: none"> <li>Recall of Natural Numbers, Whole Numbers and Integers.</li> <li>Need for Rational Numbers.</li> <li>Standard form of Rational Numbers</li> <li>Comparison of Rational Numbers</li> <li>Finding Rational Numbers between two Rational Numbers</li> <li>Operation on Rational Numbers</li> </ul>	<p><b>Subject Enrichment Activity-6:</b></p> <p>To find the ratio of circumference and diameter of circle.</p> <p><b>Maintain Portfolio:</b></p>
NOV 2024	20	15 05	10 15	<p><b>Chapter-<u>PERIMETER AND AREA</u>:</b></p> <ul style="list-style-type: none"> <li>Area of Triangle and Parallelogram</li> <li>Area of Triangles</li> <li>Circumference of Circle</li> <li>Area of Circle</li> </ul> <p><b>Chapter-</b></p> <p><b><u>TRIANGLE AND ITS PROPERTIES</u>:</b></p> <ul style="list-style-type: none"> <li>Recall Types of Triangles</li> <li>Medians and Altitudes of a Triangle</li> <li>Exterior angles of a Triangle and its Properties</li> <li>Angle sum property of a Triangle</li> </ul>	<p><b>Multiple Assessment:</b></p> <p>Quiz / Puzzle / Exit cards / Oral test / Origami / PPT / Project</p>

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAYS	NO. OF PERIODS	Weightage of Marks for the Unit / Chapter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects to be given	
DEC 2024	17	10 07	10	<p><b><u>TRIANGLE AND ITS PROPERTIES:</u></b></p> <ul style="list-style-type: none"> <li>• Special types of triangles: Equilateral and Isosceles Triangle</li> <li>• Sum and Difference of two sides of a Triangle compare with the third side</li> <li>• Right Angle Triangle and Pythagoras Property</li> <li>• Word Problem</li> </ul> <p><b>Chapter-<u>SYMMETRY:</u></b></p> <ul style="list-style-type: none"> <li>• Recall of Symmetric and Non-symmetric Figures</li> <li>• Line of Symmetry and Lines of Symmetry for Regular Polygons</li> <li>• Rotational Symmetry: Angle of Rotation and Order of Rotation</li> <li>• Line Symmetry and Rotational Symmetry</li> </ul>	<p><b><u>Subject Enrichment Activity-7:</u></b></p> <p>To verify the sum of angles of a triangle is 180 degrees.</p> <p><b><u>Activity-8:</u></b></p> <p>To find the order of rotational symmetry of given figure</p> <p><b><u>Maintain Portfolio:</u></b></p> <p><b><u>Multiple Assessment:</u></b> Quiz / Puzzle / Exit cards / Oral test / Origami / PPT / Project</p> <p><b>Assignment-5</b></p>	PWT-312- 14 DEC 24
JAN 2025	15	15	09	<p><b>Chapter-<u>COMPARING QUANTITIES:</u></b></p> <ul style="list-style-type: none"> <li>• Percentage</li> <li>• Converting of Fractions, Decimals into Ratio and Percentage</li> <li>• Converting Percentage to Fractions or Decimals</li> <li>• Applications of Percentage: Profit/Loss and Increase or Decrease as Percent</li> <li>• Simple Interest</li> <li>• Word Problems</li> </ul>	<p><b><u>Subject Enrichment</u></b></p> <p><b><u>Maintain Portfolio:</u></b></p> <p><b><u>Multiple Assessment:</u></b> Quiz / Puzzle / Exit cards / Oral test / Origami / PPT / Project.</p> <p><b>Assignment-6</b></p>	

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAYS	NO. OF PERIODS	Weightage of Marks for the Unit / Chapter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects to be given	
FEB 2025	21	08  13	10	<p><b>Chapter-<u>EXPONENTSANDPOWERS:</u></b></p> <ul style="list-style-type: none"> <li>• Introductions</li> <li>• LawsofExponents</li> <li>• DecimalsNumberSystemandExponents</li> <li>• Expressing Large Number in the Standard Form</li> </ul> <p><b>Revision of significant topics</b></p>	<p><b><u>Subject Enrichment Activity9 :</u></b> Tofindthevalueofa<sup>1</sup>usingpaper folding.</p> <p><b><u>MaintainPortfolio:Multiple Assessment:</u></b> Quiz / Puzzle / Exit cards / Oral test/Origami/PPT/Project</p>	PWT-4 06 Feb 25 TO 09 FEB 25
MARCH 2025		15		REVISION		
ANNUAL EXAMINATION 17-28 March 2025						



**NAVODAYA VIDYALAYA SAMITI**

**CLASS VII**

**SUBJECT: SCIENCE**

<b>UnitNo</b>	<b>Name Of The Chapter / Unit</b>	<b>PERIODS</b>
1	NutritionIn Plants	12
5	PhysicalAndChemicalChanges	10
3	Heat	13
2	NutritionIn Animals	13
4	Acids, Bases AndSalts	17
6	RespirationInOrganisms	23
9	Motion And Time	08
8	ReproductionIn Plants	15
10	ElectricCurrentAnd ItsEffects	08
7	TransportationInAnimals and plants	09
11	Light	22
12	Forests-OurLife Line	10
13	WasteWaterStory	07
	<b>TOTAL</b>	<b>80 Marks</b>
	<b>INTERNALASSESSMENT</b>	<b>20Marks</b>
	<b>GRANDTOTAL</b>	<b>100 Marks</b>

Month	No. of Days	No. of periods	Main topic and sub topic to be covered	Activities projects/practical's experiments to be held specific assessment tools (suggested)
April-2023	22	12	<b>1.Nutrition in plants:(Biology):</b> Mode on Nutrition in plants (autotrophic/ heterotrophic), Photosynthesis, Synthesis of food other than carbohydrates, Host- parasite, insectivorous plants, Saprotrophs and symbiotic relationship, How Nutrients are replenished in soil	Activities:1.2&1.2and Extended Learning Activities Multiple assessment: Concept maps, Drawing, Puzzles, Quizzes etc PF: Note bookcorrection
		10	<b>5.Physical and Chemical Changes:(Chemistry)</b> Physical changes, Chemical changes, Rusting of Iron, Crystallization	Activities: 6.1 to 6.9 and Extended Learning Activities
<b>Periodic Written Test-1 (26-29 April-2024)</b> Suggestive Activities for PWT-1 Concept maps, Quizzes, Drawing, Puzzles, Discussions etc				
July-2024	26	13	<b>3.Heat:(Physics)</b> Hot and Cold, Measuring Temperature Laboratory Thermometer, Transfer of Heat , Kinds of Clothes we wear in Summer and Winter	Activities:4.1 to 4.11 and Extended Learning Activities
		13	<b>*2. Nutrition in Animals:(Biology)</b> Different ways of taking food, Digestion in humans The Food/pipe/Oesophagus, The Small Intestine, Large Intestine, Digestion in Grass-eating animals, Feeding and Digestion in Amoeba	Activities:2.2,-2.4and Extended Learning Activities
<b>Periodic Written Test-2 (08-10 August-2024)Multiple Assessment Concept maps, quizzes , drawing numerical, discussions etc</b>				
August 2024	22	22	<b>11. Light :(Physics)</b> Light travels along a Straight Line, Reflection of light, Right or left, Playing with Spherical mirrors, Images formed by lenses ,Sun light-White or Color	Activity:15.1to 15.12, and Extended Learning Activities, Prism, Newton disc, Periscope
September- 2024	17	17	<b>*4.Acids and bases and salts:(Chemistry)</b> Acids and Bases, Natural Indicators around us Neutralization in Everyday Life	Activitvies:5.1and 5.2 Extended learning activities
<b>Term-1 (23 Sept-04 October-2024) Exams</b>				

Month	No. of Days	No. of periods	Main topic and sub topic to be covered	Activities projects/practical's experiments to be held specific assessment tools (suggested)
October-2024	18	18	<b>06.Respiration in Organisms : (Biology)</b> Why do we respire, Breathing, How do we breathe, What do we breath out, Breathing in other animals, Breathing under water, Do plants also respire	Activities:10.1to10.4and Extended learning activities
November-2024	20	5	Continuation of <b>06.RespirationinOrganisms</b>	<b>Activities and Extended Learning activities</b>
		15	<b>08.Reproduction in plants:(Biology)</b> Modes of reproduction, Sexual reproduction, Fruits and seeds formation, Seed dispersal	<b>12.Reproduction in plants:(Biology)</b> Modes of reproduction, Sexual reproduction, Fruits and seeds formation, Seed dispersal
December-2024	17	08	<b>09.Motion and time:(Physics)</b> Slow or Fast, Speed, Measurement of time, Measuring speed	Activity:13.1, to13.3, and Extended learning activities
			<b>Periodic Written Test-3 (12-14 December-2024) Activities: concept maps, quizzes, drawing numerical, discussions CCT based questions etc</b>	
		09	<b>07.Transportation in Animals and Plants:(Biology)</b> Circulatory system, Excretion in animals, Excretory System in humans, Transport of substances in plants	Activity:11.1 to 11.3 and E- learning activities
January-2025	15	07	<b>13.Waste water Story:(Chemistry)</b> Water our Life line, What is Sewage, Water Freshensup- an Event ful journey, Treatment of Polluted Water, Waste water Treatment Plant, Better Housekeeping practices, Sanitation and Disease, Alternative Arrangement for Sewage Disposal, Sanitation at public Places	Activity:18.1 to 18.4 and extended learning
		08	<b>10.Electric current and its Effects:(Physics)</b> Symbols of Electric components, Heating effect of Electric Current, Magnetic Effect of Electric Current, Electromagnet	Activity:14.1to 14.6, and Extended learning activities
			<b>PeriodicWrittenTest-4 (06-08 Feb) 2025</b>	

Month	No. of Days	No. of periods	Main topic and sub topic to be covered	Activities projects/practical's experiments to be held specific assessment tools (suggested)
February- 2025	21	10	<b>12. Forests: our Life line:</b> (Biology) Visit to a Forest, Forest products ,Dynamic living entity, Deforestation: causes and consequences And Revision For Term-2 Exams	Activity: 17.1 to 17.3 and Extended learning activities
March- 2025			Revision for Term-2 exams: (17 to 28 March 2025)	

**Note :**

1. Activities should be performed when the lesson is being taught and should be integrated with the chapter as per the new pedagogical approach and NEP.
2. 20% of the term syllabus (**star marked chapters**) should be revised and covered in the Term II question paper along with the entire Term II syllabus.

NAVODAYA VIDYALAYA SAMITI

CLASS-VII

SUBJECT- SOCIAL SCIENCE

Chapter No	Title of the Chapter	Weightage
	<b>History ; Our Past II</b>	
1	Tracing Changes Through a Thousand Years	6
2	New Kings & Kingdom	7
3	The Delhi Sultans	7
4	Mughal Empire	6
5	Rulers & Buildings	7
6	Towns Traders & Craft Persons	5
7	Tribes Nomads & Settled Communities	5
8	Devotional path to the Divine	5
9	Making of Regional Cultures	6
10	Eighteenth Century Political Formations	6
	<b>Geography : Our Environment</b>	
1	Environment	8
2	Inside Our earth	6
3	Our Changing Earth	7
4	Air	6
5	Water	5
6	Natural Vegetation & Wildlife	5
7	Human Environment Interactions; Settlement Transport & Communication	4
8	Human Environment Interactions : tropical & Subtropical Region	4
9	Life in the desert	5
	<b>Civics; Social &amp; Political Life</b>	
1	On Equality	6
2	Role of the Government in Health	7
3	How the state Government Works	7
4	Growing up us Boys & Girls	5
5	Women Change the World.	5
6	Understanding Media	6
7	Markets Around Us	5
8	A Shirt in the Market	4
9	Struggles for Equality	5
	Total	80+80 (Term I&II)

Month	No of Days	Periods	Chapter Name	Activities/Projects/ Practical Experiments To Be Held/Specific Assessment Tool (Suggested)
April 2024	22	19	1. Tracing Changes Through a Thousand Years 2. New Kings & Kingdom 3. On Equality 4. Environment <b>PWT 1 (26-29 April 2024)</b>	<ul style="list-style-type: none"> <li>• Making of diagrams/ models of interior of the earth, formation of different types of landforms, movements of water in the ocean, etc.</li> <li>• Models to display different types of landforms.</li> <li>• Collection of samples and identify different types of rocks from the vicinity.</li> <li>• Mock drill for earthquakes or other disasters.</li> <li>• Enact/dramatise key events of a given historical period/personality like, Razia Sultan, Akbar etc.</li> <li>• Prepare posters/Charts on the significance of the Constitution, Preamble, fundamental rights.</li> <li>• Organise a mock election and Role play on working of State assembly.</li> </ul>
July 2024	26	22	<ul style="list-style-type: none"> <li>- The Delhi Sultans</li> <li>- Mughal Empire</li> <li>- Role of the Government in Health</li> <li>- Inside Our earth</li> </ul>	
August, 2024	22	19	<ul style="list-style-type: none"> <li>- How the state Government Works</li> <li>- Growing up us Boys &amp; Girls</li> <li>- Our Changing Earth</li> </ul>	
			<b>PWT 2 (8-10 Aug. 2024)</b>	
September 2024	17	15	<ul style="list-style-type: none"> <li>- Rulers &amp; Buildings</li> <li>- Air</li> </ul> <b>Mid-Term (23 Sep.- 04 Oct. 2024)</b>	
Oct-24	18	15	<ul style="list-style-type: none"> <li>- Towns Traders &amp; Craft Persons</li> <li>- Women Change the World.</li> </ul>	

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

Month	No of Days	Periods	Chapter Name	Activities/Projects/ Practical Experiments To Be Held/Specific Assessment Tool (Suggested)
November 2024	20	16	- Understanding Media - Water - Tribes Nomads & Settled Communities - Natural Vegetation & Wildlife	<ul style="list-style-type: none"> <li>• A project on Hindu saints and Sufis and their contributions.</li> <li>• Role play of life of Saints like Kabir, Mirabai</li> </ul>
December 2024	17	15	- Markets Around Us - Devotional path to the Divine - Human Environment Interactions; Settlement Transport & Communication	
			<b>PWT 3 ( 12-14 Dec. 2024)</b>	
January 2025	12	10	- A Shirt in the Market - Human Environment Interactions; The Tropical & Subtropical Regions	
February 2025	20	16	<b>PWT 4 (06-08 Feb. 2025)</b> -The Making of Regional Cultures - Eighteenth Century political Formations - Struggles for Equality - Life in the Desert	Debate/ Discussion a. Participation b. Knowledge Picture Collection/Collage making
March 2025	Revision <b>Term End (17-28 march 2025)</b>			

**NAVODAYA VIDYALAYA SAMITI**

**CLASS : VII**

**SUBJECT: COMPUTER**

Month.	No. of Days	No.of periods	Weightage of Marks for Unit/Chanter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects
April	22	08	10 M	<b>INTRODUCTION TO NETWORK</b> a) What is a network? b) Types of Network c) What is Network Cabling? d) Types of cables used in networks e) Computer network components  <b>INTRODUCTION TO INTERNET</b> a) What is an internet? b) Applications of internet.	Learn about different types of cables used in networking. For example, the students can observe and understand the types of cables used in Computer lab for networking. Differentiate between World Wide Web and internet.
<b>PWT-01/UT- 01 (26-29 APRIL 2024)</b>					
JULY	27	08	continue	<b>INTRODUCTION TO INTERNET</b> a) Web Browsers b) Search engines. c) World Wide Web. d) Saving information from internet.  <b>WORKING WITH EXCEL</b> e) Introduction workbook & Worksheet use in day to day life. f) Steps to start excel g) Components of excel screen h) Various data types	<b>Assignment:</b> Prepare a Word document, download pictures and data from internet and paste in this document Open an Excel work book and do the following work: - • Name the excel work book • Create different sheets in it



Month.	No. of Days	No. of periods	Weightage of Marks for Unit/Chapter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects
AUGUST	22	08	20 M        10 M	<p><b>WORKING WITH EXCEL (Cont.)</b></p> <p>Table Creating in MS Excel</p> <ul style="list-style-type: none"> <li>a) Cell reference in MS Excel</li> <li>b) Functions in MS Excel</li> <li>c) Sorting of Data in MS Excel</li> <li>d) Filtering Data in MS Excel</li> <li>e) Conditional Formatting</li> <li>f) Protection of Workbook &amp; Worksheet</li> </ul> <p><b>WORKING WITH POWER POINT</b></p> <ul style="list-style-type: none"> <li>• What is power point?</li> <li>• Insert a new slide.</li> <li>• Insert an image.</li> <li>• Word art.</li> <li>• Audio and video.</li> <li>• Transitions in slide.</li> <li>• Custom animations</li> </ul>	<ul style="list-style-type: none"> <li>• Rename all the sheets</li> <li>• Prepare a table which consists of marks of 25 students</li> <li>• Do format</li> <li>• Protect the workbook</li>   <li>• Prepare a power point presentation and include all the listed activities</li> </ul>
PWT-02/ UT- 02 (08-10 AUG 2024)					

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

Month.	No. of Days	No. of periods	Weightage of Marks for Unit/Chapter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects
SEPTEMBER	15	4	10 M	<b>ELECTRONIC MAIL:</b> <ul style="list-style-type: none"> <li>• Advantages and disadvantages of social media/sites</li> <li>• Creating Gmail Account</li> <li>• Features of Gmail Account</li> <li>• Compose Mail</li> <li>• Upload &amp; Attachment</li> <li>• Downloading</li> <li>• Forwarding and Reply</li> <li>• Recipient</li> </ul>	Students have to create their email id. Open their Email-Id , attach documents and send mail to their friends
<b>MID TERM (23 SEPT TO 04 OCT 2024)</b>					
OCTOBER	22	06	10 M	<b>GOOGLE DRIVE:</b> <ul style="list-style-type: none"> <li>• Create new folder</li> <li>• New file upload</li> <li>• New folder upload</li> <li>• Google sheet</li> <li>• Google form</li> <li>• How to create a sharable link?</li> <li>• Remove a file from Google drive</li> </ul>	<ul style="list-style-type: none"> <li>• Open the Gmail-id,</li> <li>• Open the Google drive and do all the given activities.</li> </ul>

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

Month.	No. of Days	No. of periods	Weightage of Marks for Unit/Chanter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects
NOVEMBER	26	08	10 M	<b>COMPUTER SECURITY:</b> a) Threats to Computer b) Virus and its Types c) Antivirus d) Software and Types of Software e) Firewall and its use f) Cyber Crime g) Backup and Restore h) Cyber Law and its importance	Prepare a power point presentation about cyber safety and security
DECEMBER	20	04	10 M	<b>MULTIMEDIA-I:</b> <ul style="list-style-type: none"> <li>• Introduction to Multimedia</li> <li>• Definition and use of Multimedia</li> <li>• Hardware and Software Required</li> <li>• Media Player</li> <li>• How to open and use</li> <li>• Sound Recorder</li> </ul>	Prepare an assignment about multimedia and its use.
<b>PWT-03/ UT -3 (12-14 DEC 2024)</b>					
JANUARY	14	06	10 M	<b>MULTIMEDIA-II:</b> a) Movie Maker b) Inserting Image c) Setting Timeline d) Publishing Movie	Open internet , download and install a movie maker software, and work on it
FEBRUARY	REVISION				
<b>PWT-04/UT-4 (06-08 FEB 2025)</b>					

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

Month.	No. of Days	No. of periods	Weightage of Marks for Unit/Chanter	Units/Subunits/Topics/Chapters to be Covered	Details of Activity/Practical/Projects
<b>TERM-END EXAM (17-28 MARCH 2025)</b>					
<p><b>Note:</b> For Term-II/Yearly-Exam Note: For Term-II/Yearly-Examination Question-Paper consisting of 10% of 1st term covering significant topics plus entire syllabus of 2<sup>nd</sup> Term.</p>					

**NAVODAYA VIDYALAYASAMITI**

**CLASS – VII**

**SUBJECT: PHYSICAL EDUCATION**

**Learning and standard Instructions:**

1. Morning Jogging/Warm Up Exercises/ Mass Drills /Aerobics/Yoga and Meditation.
2. Khelo India Fitness Assessment test should be conducted at the Beginning and End of the Year.
3. Inter House Competitions as per Vidyalaya Calendar of Activities.
4. Holding Periodical Cross-Country Race/ Walk.
5. Trekking and Hiking Activities at least once in a year.
6. Showing Live Matches to Children.
7. Martial Arts/ Self Defence Skills through Resource Persons.
8. Fit India Movement activity should be conducted as per schedule.
9. Special day must be celebrated i.e., Yoga Day, National Sport Day.
10. ICT to be apart of the pedagogy to make learning enjoy able and joyful.

MONTH	NO.OF DAY	NO OF PDS	Physical Education		Physical Education Theory	Projects/ Sports Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Physical Activities Prescribed
			Morning (45Minutes)	Evening (90 Minutes)	TopicsAnd Sub-Topics		
APRIL/ 2024	25	04	1.Jogging and Warm – up 2. Calisthenics Exercises (Freehand exercises) 3. Awareness Generation Rallyon theme “We Fit–India Fit” 4. Meditation practice	Introduce Minor games like: 1. Fire in the mountain 2. Train Bogie 3. Fill the Jail 4. Rama –Ravana 5. Dog and Bone 6. Circle Kho	1. We are growing 2. What is the relation between food, festival and celebrations? 3. Importance of pranayama and meditation	English: A Tiger in the House Activity Name : Archery	Player will be give three chances to the target and score will be recorded.

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAY	NO OF PDS	Physical Education		Physical Education Theory	Projects/ Sports Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Physical Activities Prescribed
			Morning (45Minutes)	Evening (90 Minutes)	TopicsAnd Sub-Topics		
JULY 2024	26	04	1. Running and short sprints 2. Stretching exercise 3. Yogaasana - Surya Namaskar	1. As per the ability, the students are grouped in to different games, like –Kho-Kho, kabaddi, volleyball, Basketball etc. 2. Practice basic skills o fKho – Kho. Inter House Competition of Kho–Kho.	1. Safety and security–how to deal with common injuries 2. Common injuries – identification and treatment. 3. Introduction to first-aid box. 4. Ground measurements for Kho– Kho.	English: The Desert Activity Name: Achieve the Goal, Bethe winner	Circuit Traini (Each Place will be named after famous desserts)
AUGUST 2024	25	04	1. Jogging and warm up 2. Coordination Exercises 3. March past 4. Yoga asana, standing asana- Vrikshasana,, Tadasana, Trikonasana	1. Practice of skills and techniques of Athletics and table- tennis 2. Marching formation 3. practice of combat games	1. We and ouenvironment – vectorborne diseases 2. Good environment, co ncept of goodenvironme nt 3. Rulesand Regulations of Athletics andTable– Tennis.	Mathematics: Fractions and Decimals Activity Name: Concepts of Area and Perimeter	Students asked to measure the length as well as the width of Kho-Kho ground

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAY	NO OF PDS	Physical Education		Physical Education Theory	Projects/ Sports Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Physical Activities Prescribed
			Morning (45Minutes)	Evening (90 Minutes)	TopicsAnd Sub-Topics		
SEPTEMBER 2024	22	04	1. Continuous running practice 2. Developing motor ability 3. Yoga asana Yoga mudra, Viparitkarani, Sarvangasana, Halasana, Shavasana, Pranayama	1. Practicerules and regulations of kabaddi 2. Indoor games like Chess, Carom, and Badminton. 3. Inter House Competition of Kabaddi.	1. Developing motor ability 2. Developing ability of naturally responding to command, group work formation, marching formation 3. Fundamentals of track and field events– 100m, 200m run, 600m run/ walk etc 4. Asanas and mudra for healthy living	Mathematics: Data Handling Activity Name: Collection And Representation of Data Asking students to make charts on games.	Standing Broad Jum
<b>TERM- 1 EXAM</b>							
OCTOBER 2024	24	04	1. Running and warming up 2. Exercises with apparatus – dumbbells, Laziium, hoops, ropes, ribbons etc. 3. Meditation /pranayama. 4. Fit India Cycling. 5. Plogging -Run	1. Practice of skills and techniques of handball 2. Inter House Competition of Handball and Shuttle Badminton.	Human Body: 1. Process of Growing 2. Menstruation 3. Myths and misconceptions	Mathematics: Lines & Angles Activity name: Concepts of line, Line Segment and Sports, Cricket - Batting	Asking children prepare cricket pi & Badminton Co

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAY	NO OF PDS	Physical Education		Physical Education Theory	Projects/ Sports Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Physical Activities Prescribed
			Morning (45Minutes)	Evening (90 Minutes)	TopicsAnd Sub-Topics		
NOVEMBER 2024	19	03	1. Running and warming up 2. Exercises with apparatus – dumbbells, Lazium, hoops, ropes, ribbons etc. 3. Meditation /pranayama. 4. Fit India Cycling. 5. Plogging -Run	1.Practice of badminton skills 2. Basics of Athletic	1. Sexual abuse 2. Rules and regulations of the game – handball 3. Ground measurement of handball and Shuttle Badminton.	Project on different ground measurement like football, hockey etc	Asking children's to prepare long jump pit.
DECEMBER 2024	22	04	1. Jogging and Warming up 2. Rhythmic and Aerobic Exercises Mayurasana Ardhachakrasana 3. Organization of Indigenous/ Traditional sports	1. Practice of different games 2. Knowledge and practice skills of Volley ball and Basketball.	1. Effect of exercise on body parts and body systems 2. Importance of physical fitness 3. social health	Science: Motion and Speed Activity name: Slow and Fast	Asking children Run slow and fast in the ground.
JANUARY 2025	13	02	1. Jogging and Warming up 2. Rhythmic and Aerobic Exercises Mayurasana Ardhachakrasana 3. Organization of Indigenous/ Traditional sports	1. Inter House Competition of Volleyball and Basketball. 2. Yoga practice should be done.	1. Sharing experiences of great personalities Role of yoga in daily life 2. Concept of body image	Project on volleyball and basketball ground measurement	Asking children's to jumps standing jumps and shuttle run.



Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO. OF DAY	NO OF PDS	Physical Education		Physical Education Theory	Projects/ Sports Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Physical Activities Prescribed
			Morning (45Minutes)	Evening (90 Minutes)	TopicsAnd Sub-Topics		
FEBRUARY 2025	23	03	1. Jogging and warming up 2. Battery tests (to analyze the performance in the end of the session) 3. Yoga Asanas – Sarvangasana, Paschimotanasana 4. Mental Fitness Week: Puzzle Solving (Sudoku, Crosswords & Word jumbles)	1. Check the performance level of students. 2. Practice of Wrestling and other martial arts skills. 3. Inter-House competition of Wrestling, Judo, Taekwondo 4. Annual Sports Day	1. Role of motivation in the field of sports 2. Careers in sports 3. Government health services 4. Sports scholarships and awards 5. Outstanding personalities in the field of sports Yearly examination	Geography: Water: - Distribution of water bodies Activity Name: Circular Obstacle Race	Asking children to speak about characteristics of each state of and how it happens seamlessly.
MARCH 2025	TERM - 2 EXAM						

NAVODAYA VIDYALAYA SAMITI

CLASS- VII

SUBJECT: ART (VISUAL)

MONTH	NO.OFDAYS	NO.OFFERIODS	Main-Topics and Sub -Topics to be Covered	Medium/ Materials	Projects/Art Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Hands OnActivities Prescribed
APRIL-2024	24	8	<b>DEFINITIONOFFINEARTS</b> Different types of visual arts - Painting, Sculpture, Applied art, Craft, Imagesofpaintings, sculptures, applied art-prints etc., pot painting, pottery making, etc. canbeshowntostudents.	Pencil, ColourandClay tools.	Sketches of basic Geometrical shapes(2D,3D)	Identification of Art forms andtoolsand materials required to present particular artform.
JULY2024	26	8	<b>Introduction of page layout for preparation of greeting cards.</b>		Sketches of basic Geometrical shapes(2D,3D)	Identification of different coloursand shades.
AUGUST- 2024	25	8	<b>UNDERSTANDINGELEMENTS OF ARTS:</b> Theory and practicalbothshouldbelearnt simultaneously by students. I. Lines : Types and characteristics of line:straight lines, curve lines, horizontal lines, vertical line, circular&angularlines, II. Colour: Primary, secondary and tertiary colours. III. Form:Different types of forms- Man-made forms andGeometrical forms. IV. Observation of nature and Observation of objects- Still life drawings, Drawings of birds, Drawings of Animals The Perspective Theory , Light &Shadecanbetaughtwiththe effective use of the above mentioned areas.	Pencil, Colour and geometrical tools.	Paintings of eastern &western Masters, various styles ofpaintingsand different folk andtraditional forms can be givenfor understanding the content	Drawing miniatures/ Masters Paintings/ Anyone Traditional Artscanbegivenforthe students. Medium of activity:Any medium like Water colour / Postercolour/ Fabriccolour/ Acryliccolourcanbeused )

MONTH	NO. OF DAYS	NO. OF PERIODS	Main-Topics and Sub -Topics to be Covered	Medium/ Materials	Projects/Art Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Hands On Activities Prescribed
SEPTEMBER-2024	17	6	<p><b>UNDERSTANDING BASIC SHAPES:</b> Students can see the geometrical forms in the surroundings of their Vidyalaya. Study of nature colours from different forms. Colour study for still life background drapery and objects. Illustrations of animals, birds with pen and ink. Observe keenly and draw natural objects both living and non-living things such as Trees, Birds, Plants, Flowers, Animals, fruit etc. Outdoor Sketching, Still life compositions can be given</p>	Poster, Water Colour, Pencil OR Digital Tools & Softwares	2D paintings of various Geometrical shapes and figures, Rangoli Competitions OR Computer based Activity	Computer aided tools or applications (Eg. Google Sketchup, Paint, Inkscape)
<b>SEPTEMBER-OCTOBER -2024/TERM-1 EXAMINATION</b>						
OCTOBER-2024	18	6	<p><b>UNDERSTANDING 3D THROUGH CLAY:</b> Prepare simple pots, birds or any kind of object by using clay coil/paper pulp, coil etc. Lifestudy Students primarily practice drawing seeing live models. i. Study of the human forms. ii. Observation iii. Figure composition</p>	Clay / Paper Pulp / Pop/Any Other material available in Art Room.	Models 2D and 3D Paintings of daily life activities. Blender software and 3D printing possibilities can be discussed in the class	Demonstration of Paintings and Clay models, models using paper pulp by the students. Students may be shown the latest 3D printing activity videos in Smart class
NOVEMBER-2024	20	6	<p>iv. Model Drawing v. Human anatomy vi. Composition of Objects Video presentation/Photos/computer / books may be used. Pottery, toys, puppets, local area handicrafts should be introduced and students be given the opportunity to interact with professional and traditional artists.</p>	Clay / Paper Pulp / Pop/Any Other material available in Art Room.	Models 2D and 3D Paintings of daily life activities. Blender software and 3D printing possibilities can be discussed in the class	Demonstration of Paintings and Clay models, models using paper pulp by the students. Students may be shown the latest 3D printing activity videos in Smart class

MONTH	NO. OF DAYS	NO. OF PERIODS	Main-Topics and Sub -Topics to be Covered	Medium/ Materials	Projects/Art Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Hands On Activities Prescribed
DECEMBER- 2024	20	6	<p><b>UNDERSTANDING ELEMENTS OF ARTS</b>                      Students can be given exercises of printing with colours using actual objects such as, coin, rough surfaces of leaves and trees, pieces of vegetable like potato, ladies' finger etc. and asked to find different kinds of forms</p> <p><b>Landscape painting</b>                      History of Landscape Painting, Representational, Impressionistic and Abstract.                      Studying the paintings of masters Raja Ravivarma, M.F.Hussain, S M Pandit, D P Roy Chowdari, Amritha Shirigil, S.M.Raza.</p> <p><b>Types of Paintings</b>                      Kerala mural paintings, Kalamkar paintings, Kondapalli Bommalu, Leather Puppet Art, Madhubani Paintings, Nirmal Paintings, Patta Chitra Paintings, Rajasthani Miniature Painting, Tanjore Painting, Glass Painting etc</p>	<p>Different Mediums</p> <p>Pencil, Water Colour, Acrylic Colour</p>	<p>Visual enhancement of elements in the subject or topic under pursuit with the help of various structures.</p>	<p>Group Activity in the form of preparation of various structural elements mentioned with reference to the story or poem discussed in class.</p>
JANUARY -2025	14	4	<p><b>CRAFTWORK:</b>                      Collage painting.                      Taking different colour papers, cutting them into different shapes with scissors.                      Using newspapers, leaves, etc Making Collage with items like pencil shavings, wooden ice cream sticks, toothpicks, earbuds, etc.</p> <p><b>Visual Art Design:</b></p> <ul style="list-style-type: none"> <li>Identify the goal of your poster.</li> <li>Introduction of Designs</li> <li>Greeting Card Designs</li> </ul>	<p>Any suitable material</p>	<p>Models (2D, 3D), Sculpting.</p>	<p>Evaluation can be done based on their observation and creative identity based on minimum craft in the selected medium.                      Models from paper/Clay/ formsheet or other waste materials</p>

Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

MONTH	NO.OFDAYS	NO.OFFERIODS	Main-Topics and Sub -Topics to be Covered	Medium/ Materials	Projects/Art Integrated Pedagogy Activities Prescribed	Assessment Tool(s)/ Practical Hands OnActivities Prescribed
			<ul style="list-style-type: none"> <li>• BookCoverDesigns</li> <li>• SweetBoxDesigns</li> <li>• Stickersandstenciling.</li> <li>• CompositionandDesign Pickarelevantcolourscheme.</li> </ul>			
			<b>UNDERSTANDING PRINT AND DESIGN:</b>			
<b>FEBRUARY-2025</b>	<b>20</b>	<b>8</b>	<p>Concept of design and print making. Preparation of Design on card board block and designing and printing on paper.</p> <p>Introduction to design and colouring them in monochrome as well as multi-colour, Stencil Photography with cell phone. Brief study on taking photographs of your school programs.</p> <p>Compose the object with light and shades carefully.</p> <p>And also take photographs in three dimensional angles.</p> <p>And also take photograph at eye level carefully.</p> <p>Introduction to the basics of the four elements of Photography: light, color, composition, and subject.</p>	<p>Poster WaterColour r PrintingInk Pencil Colour and Geometrical tools.</p> <p>editing software</p>	<p>Printing of art and shapes.</p>	<p>Printing of design (Kalamkari, BlockPrintingDesign etc., and Stencil Cutting) by the students.</p> <p>Computer</p>
<b>MARCH2025</b>			<b>TERM-2EXAMINATION</b>			

**NOTE:**

National Education Policy, 2020 lays emphasis on multi-disciplinary and holistic education across all the subjects with the help of 'in Education' concept in order to ensure simplicity, unity and integrity fall knowledge. Hence, effort may be envisioned a undertaken to encompassart in education concepts across subjects. Students need to submit portfolio of assignments at the end of academic year for Internal Evaluation. Also the students should be encouraged to learn local art forms and its documentations with vari Android and Windows based free audio video editing tools in view of Art integrated learning with other subject areas where e possible.

**NAVODAYA VIDYALAYA SAMITI**  
**CLASS:VII      SUBJECT: MUSIC**

- Students learn about primary concepts of Music and also learn to correlate with Science and other subjects.
- Students learn Songs in different languages for inculcation of National Integrity as well as explore diversities and develop respect towards different cultures.
- Students explore Local Folk Culture
- Vision of the students is broadened so that they will get a chance to think beyond the barriers of so-called subject boundaries and learn the concepts with a broad vision.
- Students are exposed to the integration of latest technology in music.

			<b>Main-Topics and Sub -Topics to be Covered</b>	<b>Projects/Art (Performing) Integrated Pedagogy- Activities Prescribed</b>	<b>Assessment Tool(s)/ Practical Activities Prescribed (Vocal/ Instrumental)</b>
APRIL/J LINE	24	08	1. Revision of Navodaya Song and previous topics.	<p><b>SUGGESTED ACTIVITIES</b></p> <ul style="list-style-type: none"> <li>• Word by word recitation of the song by teacher followed by students</li> <li>• Discussion on the meaning of the song</li> <li>• Recitation of tune by teacher followed by students.</li> </ul> <p><b>(Interdisciplinary Approach)</b></p> <ul style="list-style-type: none"> <li>• Associate the song with our country's rich literary culture and poets.</li> <li>• Students are asked to go through the writings of Rabindranath Tagore.</li> </ul> <p>Students are exposed to our country's heritage and freedom struggle and the contributions of Rabindranath Tagore.</p>	Vocal Performance / Instrumental Performance (Perfection of pitch, tempo and in proper rhythm).
JULY 2024	26	04	2. Alankar practice 3. 'Sarejahanse Acha' with its meaning 4. 'Hind Deshkeniwasi' song and its meaning	<p>xi) Discussion about lyrics and its meaning xii) Word by word recitation by teacher followed by students xiii) Recitation of tune by teacher followed by students.</p> <p><b>(Interdisciplinary Approach) Civics:</b> Students are exposed to the values of unity in diversity. Students will get an idea about values of Secularism in our Constitution.</p>	Vocal/Instrumental performance Question- Answer about Values of Secularism as contemplated in constitution of India.

		04	5. Introduction to anyone of the percussion instruments. Like Tabla – Dholak	<ul style="list-style-type: none"> <li>• Discussion about percussion instrument and its structure.</li> <li>• Discussion on its use in music systems.</li> </ul> <p><b>(Interdisciplinary Approach) Science:</b> Students are exposed to the techniques of production of sound, timbre, pitch etc.</p> <p>Social Science: Students explore the reference of such instruments in the history.</p>	Question – Answer about the instruments. Students are asked to collect pictures of various percussion instruments used in different music systems.
AUGUST 2024	25	08	1. Definition of Raga. Introduction to raga 'Sankarabharanam' OR Rag 'Bilaval'	<ol style="list-style-type: none"> <li>1. Discussion about structure of Raga and notes used in it.</li> <li>2. A small bandish (Composition) in Raga</li> <li>3. Listen different types of famous Bhajans and light music songs to make the concept clear.</li> </ol> <ul style="list-style-type: none"> <li>• Patriotic song- Telugu</li> </ul>	Question – Answer about theoretical aspects of Raga. Vocal / Instrumental performance. Ability to recognize Raga from phrases of swaras during viva test (Practical Exam)
SEPTEMBER 2024	17	03	1. Folk song in Regional Language.	<ol style="list-style-type: none"> <li>1. Discussion about Song covering the type of song, special occasion when the song is sung, aesthetics of the song etc.</li> <li>2. THEORY: Musical Instrument of Indian Classical Music.(Carnatic/Hindusthani)</li> </ol> <p><b>(Interdisciplinary Approach)</b></p> <ol style="list-style-type: none"> <li>1. Language &amp; Literature</li> </ol>	1. Vocal Performance/Instrumental Performance (Perfection of pitch, tempo and in proper rhythm).
				Students learn about the regional Language and dialects. 6. Art & Culture: Students are asked to collect pictures and information regarding different festivals, folk songs and folk dances of their region.	1. Vocal Performance (Recitation of Composition with proper notes, tempo and in proper rhythm)
			3. Community Song In Tamil	<ol style="list-style-type: none"> <li>1. Discussion about lyrics and its meaning</li> <li>2. Word by word recitation by teacher followed by students</li> <li>3. Recitation of tune by teacher followed by students</li> </ol> <p><b>(Interdisciplinary Approach)</b></p> <p><b>Civics :</b></p>	3. Project Work - Prepare a chart about population, education ratio, festivals, cousins, main crops, water reservoirs etc. of the state of Tamilnadu.

		03		<p>Students are exposed to the art &amp; culture of Tamilnadu.</p> <p>Students are asked to prepare a chart depicting the historical monuments in state of Tamilnadu.</p> <p>Students are asked to collect photographs of the freedom fighters of Tamilnadu with brief Information about their life.</p>	
<b>23 SEPTEMBER - 4 OCTOBER 2024 TERM - I EXAM</b>					
OCTOBER 2024	18	06	<p>Bhajan- 'Raghupati raghava'</p> <p>Bhajan- 'Vaishnav Janato'</p>	<p>2. Discussion about the song and its meaning</p> <p>3. Discussion about Human values</p> <p>4. Recitation of the song by teacher followed by the students</p> <p><b>(Interdisciplinary Approach)</b></p> <p>4. VALUE EDUCATION Students explore human values as described in the Bhajan</p> <p>5. SOCIAL SCIENCE: Collect information about lives and deeds of various saints and leaders who have followed the values in their life and set examples for others.</p>	<p>4. Vocal / Instrumental Performance Simple question – Answer about Raga used in the bhajan</p>
NOVEMBER 2024	20	02	<p>Introduction to Tala Rupaka in Carnatic system OR Tala: Dadra in Hindusthani system. Sarva Dharma prathana – Tu hi ram hai.....</p>	<p>2. Discussion about importance of Taal</p> <p>3. Exercise for counting Matras of Dadra OR Rupaka tala (Carnatic Music) with clapping &amp; stamping</p> <p>4. Recitation of Bols (syllables) of the talas. (Interdisciplinary Approach) Mathematics:</p> <p>5. Students may be exposed to the calculation and divisions of musical beats and its cycle.</p>	<p>2. Question – Answer about theoretical aspects of Tala. Skill of clapping and stamping in Tala Recitation of Bols (Syllables of Tala)</p>
		04	<p>A poem in regional language in your own music</p>	<p>5. Discussion about lyrics and its meaning</p> <p>6. Word by word recitation by teacher followed by students</p> <ul style="list-style-type: none"> <li>• Recitation of tune by teacher followed by students</li> </ul>	<p>Vocal/Instrumental Performance. Encourage students to recite such poems in their own tune</p>



Perspective Academic Planning (PAP) Spilt-Up of Syllabus Session 2024-25

DECEMBER 2024	20	06	Introduction to Tala 'MisraChappu' in Carnatic system OR Rupak in Hindusthani system.	<ol style="list-style-type: none"> <li>1. Discussion about importance of Taal</li> <li>2. Exercise for counting Matras of Rupak Tal OR MisraChappu tala (Carnatic Music) with clapping &amp; stamping</li> <li>3. Recitation of Bols (syllables) of the talas.</li> </ol> <p><b>(Interdisciplinary Approach)</b></p> <ul style="list-style-type: none"> <li>• Mathematics: Students are exposed to the calculation and divisions of musical beats and its cycle.</li> </ul>	<p>Question – Answer about theoretical aspects of Tala Skill of clapping and stamping in Tala</p> <p>Recitation of Bols (Syllables of Tala)</p> <p>Students are asked to find out more songs in the same tala.</p>
JANUARY 2025	14	04	<ol style="list-style-type: none"> <li>1. Introduction to the musical instrument: 'Violin'- King of musical instruments.</li> </ol> <p>Brief note on the history and making of 'Violin'</p>	<ol style="list-style-type: none"> <li>1. Discussion about the structure of the Instrument</li> <li>2. Science behind the production of sound from the Instrument</li> </ol> <p><b>(Interdisciplinary Approach)</b></p> <p>Physics :</p> <p>Concept of frequency, tonality, timbre, different quality of sound (Bass, treble etc.) are easily explained while teaching the making of the instrument.</p> <ol style="list-style-type: none"> <li>3. General Studies: Collection of Photographs of eminent artists related with said instruments and brief information of the artist in the form of charts or scrap book.</li> </ol>	<p>Question – Answer about making of the instrument.</p> <p>Question – Answer about terms of Science like frequency, effect of the thickness, length and type of material on production of sound etc. Drawing labelled diagram of the instruments.</p>
FEBRUARY 2025	24	08	<ol style="list-style-type: none"> <li>4. Brief note on the origin and evolution of keyboard synthesizer</li> </ol> <ul style="list-style-type: none"> <li>• Musical Instrument Digital Interface (MIDI)</li> </ul>	<ol style="list-style-type: none"> <li>1. Discussion about electronics and music.</li> <li>2. Science behind the production of sound from the Instrument</li> <li>3. Making of any Indian stringed Instrument Eg: Veena/Sitar</li> </ol> <p><b>(Interdisciplinary Approach)</b></p> <ol style="list-style-type: none"> <li>4. Physics : Concept of MIDI, frequency, tonal manipulation etc.,</li> </ol>	<p>Question – Answer about electronic music instruments.</p> <p>Question – Answer about terms of Science like frequency, pitch etc., Students are asked to collect data on recent development of electronic musical instruments</p>
<b>REVISION OF ALL THE TOPICS &amp; PRACTICAL EXAMS (VOCAL / INSTRUMENTAL)</b>					
MARCH 2025	12		<b>ANNUAL EXAMINATION</b>		

**Note:**

1. As per NEP 2020 Art Integrated Learning (AIL) is a teaching-learning process which is based on learning 'through the arts' and 'with the arts'. One of the core principles guiding the education system, according to the policy, would be the extensive use of technology in teaching and learning. In order to maximize the usage of ICT, a well-equipped Music Room with computer, Internet connection, required instruments, software and other facilities are to be ensured.
2. Two workshops on music (Vocal/Instrumental) may be conducted with the help of professional artists to enable children to perform on the stage.
3. Weekly coaching classes may be conducted (vocal/instrumental) with the help of professionals in the respective field.